

# PALS POST

PROVIDING ALL LIVING SUPPORTS

ISSUE  
#4

MONTH/S  
Oct, Nov  
& Dec

## A message from our CEO

Happy New Year to everyone – as I write many of you will still be enjoying your holidays while many of us are back at work and some did not stop working throughout the Christmas, New Year period. To those of you who did work throughout the holiday period we thank you!

We have a few announcements to make for 2020 so here we go. It is our pleasure to welcome both Sharon Chapman to the role of Team Leader and Emma Dahlenburg to the role of Client Services Coordinator both at Cobram. Sharon commenced her employment with PALS just over 2 years ago and knows the Cobram clients and families well. Sharon formally commenced in the role in October last year – we take this opportunity to congratulate her and wish her every success as we do Emma Dahlenburg who commenced in December. We also thank Linda Boyd and Jenny Green who ably supported the team at Cobram during this time of recruitment. We wish to also acknowledge Marianne Kirby's new role in the organization as Practice lead. Marianne will mentor new and existing staff into the organizations best practice's ideology.

We welcome Kellie - Lee Loft who is a welcome addition to our Finance team in the Yarrawonga office. Jamie Shalders returns to us this month following 12 months maternity leave and commences back in her old role of Reception / Assistant Admin. We thank Taylor Lodge who has back filled Jaimie's position in her absence.

We say good bye to Codie Marshall and Brett Stedman who were two long term support workers who have recently left our organization to pursue other interests. We wish Cath Whitty, Ange Sterry and Barry Mason all the best for 2020, all of whom have suffered some health challenges recently. We congratulate Angela Mitchell who after 4 years studying, working and raising her young family was awarded a degree in Health & Rehabilitation Sciences at the end of last year. We send our sincere condolences to Barrie Connor who recently lost his wife.

We wish to take this opportunity also to acknowledge the outstanding contribution made to this organization by Don Batty who tendered his resignation as a Board member after 47 years at the end of last year. Don, a former school teacher, leaves an amazing legacy having been one of the original members that established what would later become Cobram Gateway Services and today is PALS. He was also a founding father of Cobram Specialist School and Sturt St. We thank you Don for your incredible work and wish you all the very best in your retirement.

We welcome two new Board members to the Committee; Christine Panter and Sasha Parish, both who commenced at the end of last year and we thank the existing Board for their contribution at the helm of our organization.

Congratulations to the 2019 Tri State Games team who brought home the GOLD from Adelaide. For the first time in 21 years PALS Panthers were overall equal winners with South Australia's Mt Barker Arrows – a fantastic effort! A solid year of training looms now as we look forward to hosting the Tri State Games locally in 2020 and 2021 to hopefully retain the title or better still win it outright.

Lastly PALS has a new website. We did send this out to all of our clients, families and staff at the end of last year, but we encourage you all to log on and test the site and provide us with any feedback. We have not formally launched the site yet but are soon to do so.  
<http://pals.ecdev.com.au/>

We look forward to a year filled with lots of innovative and exciting activities and opportunities. It will be our pleasure to work with you all.

Lastly good luck for the year ahead to you all. I wish you all the very best for a safe and happy new year.

Kind regards, Julie

## UPCOMING IMPORTANT DATES

19th December - End of Term 4  
25th December - Christmas Day  
26th December - Boxing Day  
31st December - New Years Eve  
1st January - New Years Day  
14th January - Term 1 Commences  
27th January - Australia Day

## COMMITTEE OF MANAGEMENT

**Chair Person:** Bronwyn Stanley  
**Vice President:** John Bouchier  
**Treasurer:** John Bouchier  
**Committee:** Sasha Parish  
**Committee:** Phillip West  
**Committee:** Christine Panter

## COMMITTEE OF MANAGEMENT- MEETING DATES

28th November 2019  
30th January 2020  
27th February 2020

Suite 8, Level 1/3 Witt  
Street  
PO Box 735  
Yarrawonga, VIC 3730  
**Phone:** (03) 5862 2641  
**Fax:** (03) 5862 2677  
**Email:** [info@palsinc.org.au](mailto:info@palsinc.org.au)

**PALS**  
INC  
PROVIDING ALL LIVING SUPPORTS

# Cobram Show



**Congratulations to everyone who entered the arts and craft competition at the Cobram show.**



## NOVEMBER

Gavin  
Ray  
Julie  
Koryn  
Justin  
Adam

## DECEMBER

Lynne  
Dean  
Robert  
Kristy  
Johnathon  
Jess

## OCTOBER

Anna  
Susan  
John  
Helen  
Dwayne  
Kishani  
Stephen  
Daniel  
Stephen





# HALLOWEEN



## Tri State Games Champions for 2019



**PALS Panthers**  
shared the podium  
for 1st Place  
Overall with  
Mount Barker Arrows SA

**Winners are Grinners!**

**The PALS Panthers take home the GOLD for the 2019 Tri-State Games; an annual week long sporting event for persons who live with a disability.**

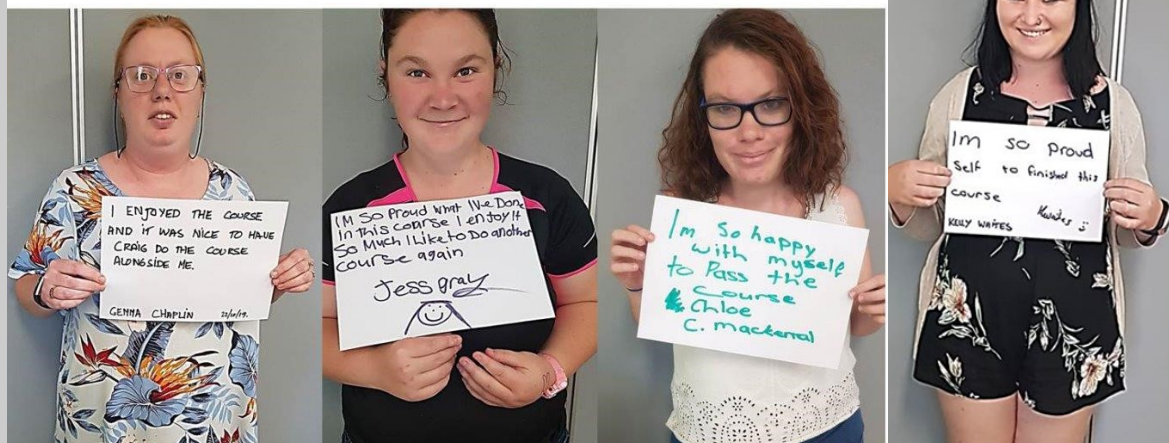




*Congratulations*

Gemma, Jess, Kelly and Chloe and support staff member Marianne recently completed their Certificate II in Community Services at the Cobram Community House . Attending every Tuesday for the past 12 months! Congratulations to all of you!

## RSTF 242 COBRAM Cohort Student Feedback on Completing Certificate II in Community Services







Yarrowonga  
Participants  
attended  
Sailability in  
Shepparton  
over the  
holidays!



## PALS get to know you!

**Interviewee: Chloe MacKerral**

**Interviewer: Jess Gray**

Q. Have you ever had a nickname? What is it?

A. Fish

Q. What are your hobbies?

A. Football & Make Up

Q. If you were a super-hero, what powers would you have?

A. To Fly

Q. What are 3 words to describe PALS?

A. Fun & Friendships

Q. What's the funniest name you can think of for a pet?

A. Bullet

Q. What's coming up at PALS that you're excited for?

A. Circus Quirkus

Q. What's your most prized possession and why?

A. Awards & Phone contact with family & friends

Q. Give me three words that describe you.

A. Stubborn, Loving & Fun

Q. What's your Favourite thing that happened today?

A. Nothing



**LOOKING TO  
MAKE A COMPLAINT,  
COMPLIMENT OR  
BRIGHT IDEA?**

**HERE'S WHAT YOU  
CAN DO....**

Talk to someone  
– staff or  
support workers

Call us-  
(03) 5862 2641

Our website-  
Please see below

Email us-  
info@palsinc.org.au

In writing– please  
see  
address on the  
front page

Collect a  
feedback form–  
from any PALS  
service  
area

## OUR VALUES

Participation

Accountability

Choice

Innovative

Dignity &  
Respect

Responsive

**OUR WEBSITE**

<http://pals.ecdev.com.au/>



**OUR FACEBOOK**

<https://www.facebook.com/Providing-All-Living-Supports-PALS-Inc-162435531702/>

**facebook**

**OUR  
VISION**

A fully  
inclusive  
community  
where all  
people achieve  
their potential.

Co-Ordinate,  
strengthen and  
Improve services  
which  
connect  
people to  
their  
community

**OUR  
MISSION**